

Meadow View Primary School



Anti- Bullying Policy

Definition of Bullying

Bullying can be described as being 'a deliberate act done to cause distress solely in order to give a feeling of power, status or other gratification to the bully. Bullying can range from ostracising, name-calling, teasing, threats and extortion, through to physical intimidation, assault on persons and/or their property. It can be an unresolved single frightening incident that casts a shadow over a child's life, or a series of such incidents.'

Staff, parents, governors and children at Meadow View work together to create a happy, caring and safe learning environment. Bullying, whether verbal, physical or indirect, is not tolerated. It is everyone's responsibility to try to prevent occurrences of bullying and to deal with any incidents quickly and effectively.

Aims

- ◆ To provide a safe, caring environment for the whole school community, especially the children in our care.
- ◆ To provide a clear cyclical anti-bullying curriculum to be taught each year in Anti-Bullying week
- ◆ To instil in children that bullying is unacceptable and that reports of bullying will be taken seriously, recorded and acted upon.
- ◆ To enable children to recognise bullying by teaching them the different types of bullying that can occur.
- ◆ To prevent bullying by educating children on the effects of bullying and the impact upon children's lives.
- ◆ To fully investigate any report of bullying with detailed records kept of incidents, reports and complaints.
- ◆ To take appropriate action, including exclusion in cases of severe bullying.
- ◆ To monitor incidents of bullying during the school year by the headteacher.

Anti-Bullying Curriculum

| Year Group | Learning to Cover | Appropriate vocabulary |
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| FS | <p>Recognising and respecting similarities and differences in ourselves and others.</p> <p>Learning about myself – developing self-image and self-esteem.</p> <p>Developing social skills – meeting new people.</p> <p>What is bullying? Definition of what bullying is and what bullying isn't! (LA Anti bullying guidance)</p> <p>Bullying or unkindness?</p> <p>How would bullying make you feel?</p> | <p>Bullying</p> <p>Similar</p> <p>Different</p> <p>Empathy</p> |
| Y1 | <p>Recognising and respecting similarities and differences in ourselves and others.</p> <p>Learning about myself – developing self-image and self-esteem.</p> <p>Developing social skills – meeting new people.</p> <p>What is bullying?</p> <p>Bullying or unkindness?</p> <p>What are the effects of bullying?</p> <p>Drop in self-esteem to self-defeating, fearful attitude;</p> <p>Shyness;</p> <p>Poor academic achievement;</p> <p>Feeling scared, withdrawn, isolated, and/or sad;</p> <p>Physical symptoms (e.g. headache, stomachache, general fatigue);</p> <p>Not liking school</p> <p>What can you do to stop bullying?</p> | <p>Bullying</p> <p>Similar</p> <p>Different</p> <p>Empathy</p> |
| Y2 | <p>Bullying – types and responses to bullying and recognising other's feelings.</p> <p>Physical bullying - Pushing, spitting, tripping, kicking, hitting, pinching and other forms of violence or threats;</p> <p>Verbal bullying - Name-calling, mocking, sarcasm, spreading</p> | <p>Cyber-Bullying</p> <p>Physical Bullying</p> <p>Verbal Bullying</p> <p>Emotional Bullying</p> |

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| | <p>rumors, persistent teasing;</p> <p>Emotional bullying/Social alienation- Excluding from a group, gossiping, spreading rumors, , tormenting, ridicule, humiliation;</p> <p>Racial bullying - ethnic or racial slurs or namecalling</p> <p>Bullying or unkindness?</p> <p>Signs of Bullying</p> <ul style="list-style-type: none"> * is frightened of walking to or from school; * doesn't want to go on the school / public bus; begs to be driven to school; * changes their usual routine; * is unwilling to go to school (school phobic); * becomes withdrawn anxious, or lacking in confidence; * starts stammering; * attempts or threatens suicide or runs away; * cries themselves to sleep at night or has nightmares; * feels ill in the morning; * begins to do poorly in school work; * comes home with clothes torn or books damaged; * has possessions end up "missing"; * asks for money or starts stealing money (to pay bully); * has dinner or other monies continually "lost"; * has unexplained cuts or bruises; * comes home starving (money / lunch has been stolen); * becomes aggressive, disruptive or unreasonable; * is bullying other children or siblings; * stops eating; * is frightened to say what's wrong; * gives improbable excuses for any of the above. <p>What are the effects of bullying?</p> <p>Drop in self-esteem to self-defeating, fearful attitude;</p> <p>Shyness;</p> <p>Poor academic achievement;</p> <p>Feeling scared, withdrawn, isolated, and/or sad effecting your mental health</p> <p>Physical symptoms (e.g. headache, stomachache, general fatigue);</p> <p>Not liking school and;</p> | <p>Racial Bullying</p> |
| <p>Y3</p> | <p>How does bullying Start?</p> <p>Physical bullying - Pushing, spitting, tripping, kicking, hitting, pinching and other forms of violence or threats;</p> | <p>Intimidation</p> <p>Appearance related Bullying</p> |

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| | <p>Verbal bullying - Name-calling, mocking, sarcasm, spreading rumors, persistent teasing;</p> <p>Emotional bullying/Social alienation- Excluding from a group, gossiping, spreading rumors, , tormenting, ridicule, humiliation;</p> <p>Racial bullying - ethnic or racial slurs or namecalling</p> <p>Intimidation - Graffiti, a public challenge to do something, playing a dirty trick, taking possessions, coercion;</p> <p>Appearance related bullying – weight, race, clothes, cleanliness</p> <p>Bullying or unkindness?</p> <p>What are the effects of bullying? Depression; Drop in self-esteem to self-defeating, fearful attitude; Shyness; Attendance Poor academic achievement; Feeling scared, withdrawn, isolated, and/or sad; Mental health is eroded which bring on Physical symptoms (e.g. headache, stomachache, general fatigue); caused by worry stress etc. Not liking school</p> | <p>Gender related Bullying Stonewall: Free DVD 02075931850 Danni’s Story</p> |
| <p>Y4</p> | <p>Physical bullying - Pushing, spitting, tripping, kicking, hitting, pinching and other forms of violence or threats;</p> <p>Verbal bullying - Name-calling, mocking, sarcasm, spreading rumors, persistent teasing;</p> <p>Emotional bullying/Social alienation- Excluding from a group, gossiping, spreading rumors, , tormenting, ridicule, humiliation;</p> <p>Intimidation - Graffiti, a public challenge to do something, playing a dirty trick, taking possessions, coercion;</p> <p>Racial bullying - ethnic or racial slurs or namecalling.</p> <p>Sexual bullying - Unwanted physical contact or abusive comments. Emotional bullying, like ridicule and exclusion, seems to be more common than physical violence and, judging by what young people</p> | <p>Gender related Bullying Stonewall: Free DVD 02075931850 Jake’s Story</p> |

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| | <p>express, it can also be the most difficult type of bullying to cope with or prove.</p> <p>Bullying or unkindness?</p> <p>What are the effects of bullying?</p> <p>Depression; Drop in self-esteem to self-defeating, fearful attitude; Shyness; Poor academic achievement; Feeling scared, withdrawn, isolated, and/or sad; Mental health is eroded which bring on Physical symptoms (e.g. headache, stomachache, general fatigue); caused by worry stress etc. Not liking school</p> | |
| Y5 | <p>Physical bullying - Pushing, spitting, tripping, kicking, hitting, pinching and other forms of violence or threats;</p> <p>Verbal bullying - Name-calling, mocking, sarcasm, spreading rumors, persistent teasing;</p> <p>Emotional bullying/Social alienation- Excluding from a group, gossiping, spreading rumors, , tormenting, ridicule, humiliation;</p> <p>Intimidation - Graffiti, a public challenge to do something, playing a dirty trick, taking possessions, coercion;</p> <p>Racial bullying - ethnic or racial slurs or namecalling.</p> <p>Gender related bullying</p> <p>Sexual Abuse - Unwanted physical contact or abusive comments. Emotional bullying, like ridicule and exclusion, seems to be more common than physical violence and, judging by what young people express, it can also be the most difficult type of bullying to cope with or prove.</p> <p>Bullying or unkindness?</p> <p>What are the effects of bullying?</p> <p>Depression; Drop in self-esteem to self-defeating, fearful attitude; Shyness; Poor academic achievement; Feeling scared, withdrawn, isolated, and/or sad; Mental health is eroded which bring on Physical symptoms (e.g.</p> | <p>Homophobic bullying Stonewall: Free DVD 02075931850 Linus's Story</p> <p>Gender related Bullying Stonewall: Free DVD 02075931850 Linus's Story</p> |

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| | <p>headache, stomachache, general fatigue); caused by worry stress etc.</p> <p>Not liking school and;</p> <p>Threatened or attempted suicide.</p> | |
| Y6 | <p>Physical bullying - Pushing, spitting, tripping, kicking, hitting, pinching and other forms of violence or threats;</p> <p>Verbal bullying - Name-calling, mocking, sarcasm, spreading rumors, persistent teasing;</p> <p>Emotional bullying/Social alienation- Excluding from a group, gossiping, spreading rumors, , tormenting, ridicule, humiliation;</p> <p>Intimidation - Graffiti, a public challenge to do something, playing a dirty trick, taking possessions, coercion;</p> <p>Racial bullying - ethnic or racial slurs or namecalling.</p> <p>Sexual bullying - Unwanted physical contact or abusive comments. Emotional bullying, like ridicule and exclusion, seems to be more common than physical violence and, judging by what young people express, it can also be the most difficult type of bullying to cope with or prove.</p> <p>Transgender bullying – children who are struggling emotionally with their gender orientation are pinpointed and attacked by slurs and name calling.</p> <p>Bullying or unkindness?</p> <p>What are the effects of bullying?</p> <p>Depression;</p> <p>Drop in self-esteem to self-defeating, fearful attitude;</p> <p>Shyness;</p> <p>Poor academic achievement;</p> <p>Feeling scared, withdrawn, isolated, and/or sad;</p> <p>Mental health is eroded which bring on Physical symptoms (e.g. headache, stomachache, general fatigue); caused by worry stress etc.</p> <p>Not liking school and;</p> <p>Threatened or attempted suicide.</p> | <p>Gender related Bullying</p> <p>Stonewall: Free DVD 02075931850</p> <p>Emma’s Story (Gay Parents – 2 mums and 2 dads)</p> <p>Transgender Transexual</p> |

Strategy for Dealing with Bullying

In dealing with bullying, staff at Meadow View follow these fundamental guidelines.

- ◆ Never ignore suspected bullying.
- ◆ Head Teacher to be informed
- ◆ Head Teacher to record all incidents of reported bullying including incidents, investigation, consequences and outcome.
- ◆ Do not make premature assumptions.
- ◆ Listen carefully to all accounts – several pupils with the same version does not mean they are telling the truth.
- ◆ Adopt a problem-solving approach that moves pupils forward from self-justification.
- ◆ Follow up proven cases to check bullying has not returned.

The procedures should be followed by the Head Teacher or a member of the Senior Management Team.

1. Discuss the nature of the bullying with the 'victim' at length, recording all the facts. This will require patience and understanding.
2. Identify the bully/bullies and any witnesses.
3. Interview witnesses.
4. Discuss the incident(s) with the alleged bully/ies. Confront them with the allegations and ask them to tell the truth about the situation/incident. Make it clear that this is only an investigation at this stage.
5. If the bully owns up, make it understood that bullying is not acceptable at Park Hill and what effect it has on the education of the victim and the rest of the children in the class/school. Apply sanctions relevant to the type of bullying.
6. If the allegation of bullying is denied, investigate further. If there is sufficient evidence that the bullying occurred, apply relevant sanctions.
7. Hold separate discussions with parents of bully and victim.
8. Sanctions for the bully include:
 - withdrawal from favoured activities, for example school visit
 - loss of breaktimes for a period to be determined by the headteacher.
 - barred from school during lunchtimes for a period to be determined by the headteacher.
 - fixed period of exclusion from school.
9. Provide a Pastoral Support Programme for the victim with a mentor/named person (usually the head or deputy head) monitoring and observing at break times and lunchtimes, and through discussion to make sure there is no repetition.
10. Provide a Pastoral Support Programme for the bully. This will include a Behaviour Support Programme and opportunities in circle time or groups for the child/ren to discuss relationships, feelings and the effect bullying can have on individuals. A mentor/named person will support the child during this programme.

In order to reduce incidents of bullying and recognise bullies, at Meadow View, all staff watch for early signs of distress in pupils. We listen, we believe, we act.

Anti-bullying Monitors ("Playground Mediators") are there as a child's first contact point, if they feel they cannot tell an adult. These are children in Year 6.

Bullying off the School Premises

Meadow View Primary is not directly responsible for bullying off the school premises; however, if both the victim and the bully are from our school action will be taken as if the incident has occurred within the school, and this includes informing parents.

If a child from Meadow View Primary is involved in a bullying incident with a pupil from another school we will liaise with the other school to ensure that there is no reoccurrence. Where possible, Meadow View will support pupils who have been bullied, especially on their way to or from school, by pupils from another school or by other persons.

The following steps should be taken.

- ◆ Talk to the Head Teacher of another school whose pupils are bullying off school premises.
- ◆ Talk to the Police about problems on the local streets.
- ◆ Talk to pupils about how to avoid or handle bullying situations.

Policy Written by: J. Logan

Date: 4th November 2014

Agreed by Governors

Date to be reviewed: November 2016