



Meadow View Primary School



What is bullying?

Bullying is when someone is unkind or hurts someone else meaning to cause harm on purpose more than once.

When it is bullying it is:

Several
Times
On
Purpose



If you think you are being bullied, you **SHOULD**:

- Tell someone and get help straight away
- Try to keep calm
- Walk away if possible

You should **NOT**:

- React or be mean back
- Keep it bottled up

Child Friendly Anti-Bullying Policy

Bullying is **NOT**...

- Accidents
- Fallouts with friends
- Something that only happens once

Bullying can make children:

- Want to stay at home and not come to school
- Lack confidence
- Be unkind to others
- Feel bad about themselves



Bullying **CAN** be...

Verbal: name calling, saying unkind things, taunting and telling lies about another

Physical: kicking and hitting

Emotional: excluding others

We support you by:

- Taking bullying seriously
- Listen to the children involved
- Speak to parents and carers
- Deal with it straight away
- Lessons that focus on bullying
- Checking your ROAR score every day

YOU have the right:

To be safe

To have an education

To be happy

